

# Generic Tadalafil: A Guide to the FDA-Approved Generic Version of Cialis

Generic tadalafil is the non-proprietary version of the popular medication for treating erectile dysfunction (ED) and symptoms of benign prostatic hyperplasia (BPH). After the patent for the original drug Cialis (manufactured by Eli Lilly) expired in 2017, FDA-approved generic versions entered the market, making treatment more affordable.

## FDA Approval: What Does It Mean?

Generic Tadalafil is FDA-APPROVED

- Status: Fully approved by the U.S. Food and Drug Administration
- Approval Requirements:
  - Bioequivalence to original Cialis (same active ingredient, dosage, form)
  - Same standards of quality, purity, and effectiveness
  - Manufactured at certified facilities
- Benefits of FDA Approval:
  - Guaranteed safety and efficacy
  - Quality control at all production stages
  - Regular inspections of manufacturing sites

## Legal Ways to Obtain It

1. Through a Licensed Physician (Prescription Medication) process:
  - Consultation with a doctor (urologist, general practitioner, cardiologist)
  - Examination to rule out contraindications
  - Obtaining a prescription
  - Choosing a pharmacy to fill it

## Alternative Options

1. Telemedicine:
  - Online consultations with licensed doctors
  - Electronic prescriptions
  - Delivery from partner pharmacies
2. Discount Cards:
  - GoodRx, SingleCare, RxSaver
  - Price comparison across different pharmacies
  - Instant discounts without insurance
3. Discount Pharmacies:
  - Costco (no membership required for pharmacy)
  - Walmart, Target
  - Local independent pharmacies

### 3. Insurance Coverage

- Most insurance plans cover generic tadalafil
- Prior authorization required in some cases
- Copay is usually lower than for brand-name Cialis

### Forms and Dosages

Dosage	Use	Features
2.5 mg	Daily intake	For continuous effect
5 mg	Daily intake	Standard maintenance dose
10 mg	As needed	30-60 minutes before activity
20 mg	As needed	Maximum single dose

### Safety and Contraindications

#### Absolute Contraindications:

- Taking nitrates (nitroglycerin, isosorbide)
- Unstable angina
- Recent myocardial infarction or stroke
- Uncontrolled arterial hypotension

#### Requires Caution:

- Cardiovascular diseases
- Renal or hepatic insufficiency
- Anatomical penile deformations
- Taking alpha-blockers

### How to Identify Legal Generic Tadalafil

#### Signs of a Legal Product:

- Sold by prescription only
- Manufactured by a reputable pharmaceutical company (Aurobindo, Teva, Mylan)
- Bears FDA markings
- Accompanied by official instructions
- Purchased from a licensed pharmacy

#### Signs of an Illegal/Counterfeit Product:

- Sold without a prescription
- "Too good to be true" price
- Lack of manufacturer information
- Sold on suspicious websites
- No instructions or poor-quality instructions

## **Cost and Availability**

### **In the USA:**

- With insurance: \$10-30 for 30 tablets
- Without insurance: \$30-100 for 30 tablets (via discount programs)
- Assistance programs:
  - GoodRx – discounts up to 80%
  - SingleCare – similar discount cards
  - Manufacturers sometimes offer assistance programs

### **In Other Countries:**

- Canada, Europe: Similar regulatory requirements
- India, China: Many manufacturers, but legality verification is required

### **Dangers of Illegal Online Sellers:**

- Counterfeit medications
- Incorrect dosage
- Dangerous impurities
- Lack of quality control
- Risk of personal data theft

## **Conclusions and Recommendations**

### **The Correct Way to Obtain Generic Tadalafil:**

1. Doctor consultation – mandatory first step
2. Official prescription – after medical examination
3. Verified pharmacy – offline or online with a license
4. Regular monitoring – follow-up visits to the doctor

### **Online Purchase: Precautions**

#### **Verifying Online Pharmacy Legitimacy:**

1. Requires a prescription\*\* from a licensed doctor
2. Holds a license from the state pharmacy board
3. Has a physical address in the USA/country of purchase
4. Licensed pharmacist available for consultations
5. Affiliation with Verified Internet Pharmacy Practice Sites (VIPPS)

### **Key Advantages of Generic Tadalafil:**

- Same effectiveness as brand-name Cialis
- 80-90% lower cost
- Full FDA approval guarantees safety
- Wide availability

**Important Warning:**

Generic tadalafil is a prescription medication. Self-treatment can be dangerous. Erectile dysfunction can be a symptom of serious conditions (diabetes, cardiovascular problems) requiring comprehensive treatment.

Generic tadalafil is a safe, effective, and economical alternative to brand-name Cialis, fully approved by the FDA. It should only be purchased with a doctor's prescription from licensed pharmacies. Avoid questionable sources – your health is worth more.

Always consult a doctor before starting any ED medication.